

# 10 WAYS TO BE OF SERVICE TO OTHERS



How far that little candle throws his beam!  
So shines a good deed in a weary world  
–William Shakespeare



**Smile** - when you interact with others - even briefly holding the door for someone - look at them and smile. A simple act of kindness can improve someone's day.



**Write** - Send a card to a service member through [amillionthanks.org](http://amillionthanks.org)



**Donate** - clear some unused things from the back of the closet and donate it to a community charity.



**Active** - help a friend get more active, go for a walk or workout together.



**Share** your special skill - do you bake? Or knit? Bake a cake and drop it off to a shelter or the local fire station.



**Give** - your time, your experience, and your heart by mentoring a younger survivor in Good Grief Camp.



**Care** - Put together a hygiene kit and keep it in your car so you may gift it to a homeless person.



**Send** - a quick text, post, email, note by carrier pigeon to someone you care about letting them know you are thinking about them.



**Play** - volunteer at a local animal shelter. Playing with cats and dogs in shelters improves their health and your mood.



**Gift** - redirect birthday or other gifts to support a charity of your choice.